



# The Rose Retreat

{Spa & Beauty}

CAUDALÍE  
PARIS

“Set in the beautiful grounds of Cyfarthfa park in Merthyr Tydfil,  
the award-winning retreat is an oasis of tranquillity & calm,  
providing the very best in luxurious spa treatments.

The zen relaxation suite, including infrared sauna,  
robe & slippers plus complimentary refreshments  
are available to all guests when booking  
a full spa treatment or package,  
complimenting your visit perfectly.

Our dual spa treatment room can be requested  
upon booking, enabling you to share your  
spa experience with that someone special.

From muscle melting massages to revitalising facials,  
our menu of expert spa treatments are the perfect way  
to escape the outside world, recharging you  
both mentally & physically...”

# Caudalie spa treatments

## **Vinosource facial treatment**

{hydrating • anti-oxidant}

50 minutes

£45

## **Vine[active] facial treatment**

{detoxing • purifying}

50 minutes

£45

## **Vinoperf ct facial treatment**

{radiance • brightening}

50 minutes

£45

## **Resveratrol facial treatment**

{lifting • firming}

50 minutes

£45

## **Crushed cabernet body scrub & cellulite treatment**

{exfoliating • reshaping}

50 minutes

£45

## **Detoxifying body wrap treatment**

{contouring • invigorating}

50 minutes

£45

## **Fleur de vigne full body warm candle massage**

{medium pressure • luxurious • relaxing}

50 minutes

£45

\* All of the caudalie spa treatments above include robe & slippers, complimentary refreshments plus 60 minutes use of the relaxation suite after treatment.

# Spa massage & holistic treatments

## **Swedish full body massage**

{medium pressure • deeply relaxing}

50 minutes

£45

## **Aromatherapy oil full body massage**

{medium pressure • relaxing • bespoke}

50 minutes

£45

## **Deep tissue full body massage**

{firm pressure • invigorating • pain relief}

50 minutes

£45

## **Pregnancy full body massage**

{prenatal • relaxing • luxurious}

50 minutes

£45

## **Reflexology**

{rebalancing • pressure point • feet treatment}

50 minutes

£45

## **Fire & ice full body massage**

{medium pressure • hot stones • ice jade stones}

50 minutes

£45

\*All of the massage & holistic treatments above include robe & slippers, complimentary refreshments plus 60 minutes use of the relaxation suite after treatment.

# Spa massage & holistic treatments

## **Himalayan salt rock massage**

{medium pressure • exfoliating • detoxifying}

50 minutes

£45

## **Hot stone full body massage**

{medium pressure • heated treatment • deeply relaxing}

50 minutes

£45

## **Warm bamboo full body massage**

{medium pressure • heated treatments • deeply relaxing}

50 minutes

£45

## **Warm lava shell full body massage**

{medium pressure • heated treatment • deeply relaxing}

50 minutes

£45

## **Thai full body massage**

{firm pressure • increase flexibility}

50 minutes

£45

## **Thai poulstice full body massage**

{firm pressure • increase flexibility}

50 minutes

£45

\*All of the massage & holistic treatments above include robe & slippers, complimentary refreshments plus 60 minutes use of the relaxation suite after treatment.

# Spa treatment packages

## **Serenity**

{caudalie divine facial • swedish back massage}

50 minutes

£50

## **Tranquillity**

{indian head massage • thai foot massage}

50 minutes

£50

## **Re-balance**

{facial reflexology • thai foot massage}

50 minutes

£50

## **Rejuvenate**

{caudalie divine facial • caudalie eye treatment}

50 minute

£50

## **Invigorate**

{caudalie youth elixir facial • crushed cabernet back treatment}

50 minute

£50

## **Recharge**

{hot stone back massage • indian head massage}

50 minute

£50

\* All of the spa treatment packages above include robe & slippers, complimentary refreshments plus 60 minutes use of the relaxation suite after treatment.

# Spa treatment packages

## **The ultimate pamper**

{caudalie vinosource facial • swedish full body massage}

90 minutes

£75

## **The ultimate indulgence**

{full caudalie facial • swedish back massage • crushed cabernet scrub}

110 minutes

£80

## **The baby moon**

{full body scrub • full body pregnancy massage • caudalie divine facial}

110 minutes

£80

# Dual room exclusive packages

**\*prices are complete for two people**

## **The rose retreat spa experience for two**

{caudalie divine facial • swedish back massage • prosecco}

50 minute

£99

## **The hydrotherm tranquil sea massage experience for two**

{muscle melting • heated water bed}

50 minute

£120

\* All of the spa treatment packages above include robe & slippers, complimentary refreshments plus 60 minutes use of the relaxation suite after treatment.

**Monday:** 10am-5.30pm

**Tuesday:** 10am-6pm (admin day)

**Wednesday:** 10am-6pm (admin day)

**Thursday:** 4pm-9pm

**Friday:** 10am-5.30pm

**Saturday:** 10am-5.30pm

**Sunday:** 10am-5.30pm



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[the-rose-retreat.co.uk](http://the-rose-retreat.co.uk)



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